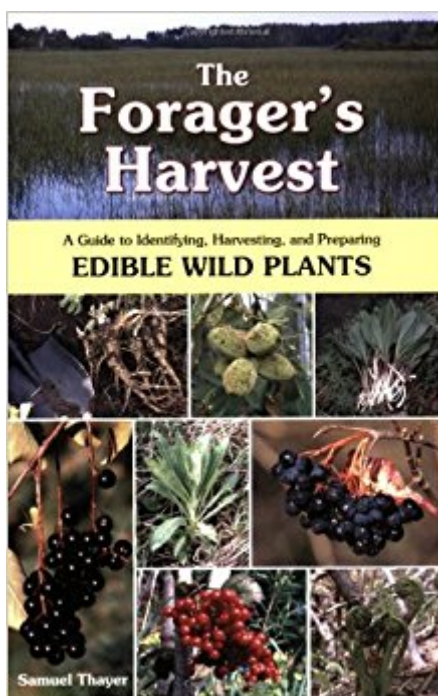


The book was found

The Forager's Harvest: A Guide To Identifying, Harvesting, And Preparing Edible Wild Plants



Synopsis

A guide to 32 of the best and most common edible wild plants in North America, with detailed information on how to identify them, where they are found, how and when they are harvested, which parts are used, how they are prepared, as well as their culinary use, ecology, conservation, and cultural history.

Book Information

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Customer Reviews

Samuel Thayer is an internationally recognized authority on edible wild plants who has authored two award-winning books on the topic, *Nature's Garden* and *The Forager's Harvest*. He has taught foraging and field identification for more than two decades. Besides lecturing and writing, Samuel is an advocate for sustainable food systems who owns a diverse organic orchard and harvests wild rice, acorns, hickory nuts, maple syrup, and other wild products. He lives in rural northern Wisconsin with his wife and three children.

I'm giving this book a three-star review as a compromise between its usefulness to me as a Californian (which would result in one star) and what I perceive to be its usefulness to people in the eastern US (which could very easily be five stars). The book's regional orientation should be more clearly disclosed. It can't be detected from the title, front cover, or back cover. Here on Amazon, it can't be detected from the product description. For someone buying the book on Amazon, the only way to tell that the book is regionally specific is either (a) to use the Look Inside feature and stumble across p. 4, or (b) to sift through the large number of reviews and find the few that point this out. This book does

describe a small number of species that are useful food sources in California, but the vast majority of the ones described do not grow here, and it omits some of the most useful species that do grow plentifully here, such as miner's lettuce and wild onions. I wouldn't have any problem with this if the title of the book was "The Forager's Harvest: Wild Food East of the Rockies," or if the product description mentioned that it was so regionally specific. The author's defensive reaction to Dale Adkison's review is that the book can't be all things to all people. That's valid, but people like me are wasting money on this book because there is no easy way to tell that it's specific to one region.

If you're looking for a book on Wild edibles well look no further this is the bible on the subject. Highly detailed with many in-depth pictures and easy to understand. I like how the author also included how to prepare the edibles also that's plus in my eyes. Overall a great book for beginners

This author's knowledge of wild edibles beats all. He even goes so far as to prove errors from other author's published books. Plenty of color identifying pictures as well. Would definitely recommend this book over all others. Be should to get Nature's Garden from this author as well.

Excellent book if you're looking to begin foraging. With all the fake crap on the internet it's nice to have a book in hand written by someone who actually knows their stuff. A friend of mine has actually gone to seminars by the author and he couldn't recommend him enough. Plus, you'll have a leg up on everyone else and be able to live off the land when society collapses.

Samuel Thayer is probably the first author to write a better book on North American foraging than Euell Gibbons' *Stalking the Wild Asparagus*. By focusing in on a limited number of plants, he is able to give you enough information on everything from where to find them to how to harvest them, when to harvest them, how to process and cook them and so on that you could actually learn about an unfamiliar plant and then go out and successfully forage it. It's not a book that just describes foraging, it's an incredibly well thought out how-to-forage manual. The difference between this foraging book and most others is like the difference between a book on the appreciation of fine porcelain pottery, and a potter's wheel instruction manual. I've read it at least three times, and I will likely read it again. Even where I live in a dense urban area, I have been able to test my skills and find a small amount of wild food based in large part on what I learned from this book.

I selected this book after researching, comparing like-minded books, and reading many

reviews. This is going into my prepping library and I hope I never have to use it - but if TEOTWAWKI then I will have a reference book handy (along with many other prepper books).

I found this book very well written. Well rounded, describes vegetation at various stages of development and provides ample photos which I liked very much. The author seemed to be having a conversation with me, I liked that as well. Intelligently written with a good sense of humor. I look forward to this author's next book.

This book has good photographs, and provided a brief description and some personal notes about the plants, as well as very good written descriptions of the plants, includes close up photos of leaves and flowers to aid in identification, range and habitat, harvesting, preparation and storage. I added this book to my collection, because it had some plants that the other books did not include, and it has been a helpful aid in obtaining information about various plants. I would also recommend this book. For diversity and the ability to truly identify and use plants, I purchased Nature's Garden - "A guide to Identifying, Harvesting, and Preparing Edible Wild Plants" by Samuel Thayer, The Forager's Harvest - A Guide to Identifying, Harvesting and Preparing Edible Wild Plants" also by Samuel Thayer, and Edible Wild Plants - Wild Foods from Dirt to Plate by John Kallas, PhD. If you can afford it, purchase all 3 of these books, as I have found that I USE all of them for various reasons - a better photo/recipe/information, etc. And if there is any doubt about a plant I have several resources to better help me identify the information that I need.

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